



Career Counselling Activities: 2022-23



IIHMR University, Jaipur
Lit of MasterClass Episodes: 2022-23

S. No.	Master Class Ep.	Date	Topic	Key Speaker
1	64	09-Dec-22	Impact of the Pandemic on the Health & Well-Being of the "Workforce"	Mr. Prabal Chatterjee Director TechnoMega IT Solutions Pvt Ltd, Bengaluru
2	65	09-Dec-22	NUTRIGENOMICS A Novel Approach Towards Personalized Nutrition	Dr. A Sreekumar MBBS, DLO, FACNEM, ENT Surgeon Functional Health & Wellness Expert Foundation Soukhya Foundation

IIHMR UNIVERSITY, JAIPUR

EVENT OUTCOME REPORT

“Master Class Episode no 64”

“Master Class Episode No 64”
Topic: - “Impact of the Pandemic on the Health & Well-Being of the "Workforce"”
Date: - 9 th December 2022 from 05:00 pm to 06:00 pm
Venue: - LH-15, IIHMR University
Speaker: -Mr. Prabal Chatterjee Director Techno Mega IT Solutions Pvt Ltd, Bengaluru.
Number of participants: - 100 students from Pharmaceutical Management Batch -14
Introduction: - The 64 th episodes of the Master Class titled - Impact of the Pandemic on the Health & Well-Being of the "Workforce" - 9th December 2022 from 11:00 am to 12:00 pm at IIHMR University. This session featured: - Dr. (Col) Mahender Kumar, Dean IHMR & Proctor, IIHMR University, Jaipur. (Welcome Address) Dr. Varsha Tanu Associate Professor, IIHMR University Jaipur(Moderator).
Objective: - The objective of this regulatory session was to enhance understanding and proficiency of the impact of the pandemic on health and wellbeing of India.
Salient Novel Points Covered: Role: Mr. Prabal Chatterjee highlighted the crucial role of healthcare workers, doctors and paramedical staff in facing the effect of pandemic on the Indian society and the overall health and well being of the citizens of the country and how it has changed the healthcare delivery system in India. Challenges and Opportunities: -How to Face the extreme crisis of healthcare systems on the verge of pandemic -How to train healthcare professionals to deal with such events in the country. -Complex product development and vaccine to fast delivery to the community. -Technological advancements in terms of healthcare and hospitals. Q &A and Interactive Discussion: The session encouraged active participation from students, who asked insightful questions based on the pandemic and how healthcare is working in hospitals and clinic.
Future Scope: Governments, healthcare organizations, and public health agencies will invest in enhancing pandemic preparedness and response capabilities. The pandemic has accelerated the adoption of digital health technologies and telemedicine solutions Building resilient communities will be essential for mitigating the impact of future pandemics. The COVID-19 pandemic has highlighted the need for stronger global health governance mechanisms to address cross-border health threats effectively. There will be efforts to reform and strengthen international organizations like the World Health Organization (WHO) and establish new frameworks for global cooperation on pandemic preparedness, vaccine distribution, and health equity
Appropriate caption for the seminar: - “Pandemic changed the health and wellbeing of the community and healthcare workers.”



Impact of the Pandemic on the Health & Well-Being of the "Workforce"

 Friday, Dec 09, 2022

 05:00 PM to 06:00 PM (INDIA) 



SPEAKER

Mr. Prabal Chatterjee

Director

TechnoMega IT Solutions Pvt Ltd, Bengaluru



MODERATOR

Dr. (Col) Mahender Kumar

Dean IIHMR & Practor
IIHMR University, Jaipur



**STUDENT
COORDINATOR**

Ms. Jewel Noronha

MBA-HRM, Batch 26
IIHMR University, Jaipur

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Long 75.815543°
29/02/24 10:59 AM GMT +05:30

 **GPS Map Camera**

Master Class Episode:64

Date: 09/12/2022(05:00 PM to 06:00 PM)

Attendance Sheet

Sr. No.	Students Name	Stream with Batch	Sign
1	Amruth S S	MBA PM 14	Amruth
2	Anil Sadashiv Hambarde	MBA PM 14	Anil
3	Ankit	MBA PM 14	Ankit
4	Ankit Suhag	MBA PM 14	Ankit
5	Anubhav Barik	MBA PM 14	Anubhav
6	Ashish Gupta	MBA PM 14	Ashish
7	Asmita Kashinath Patil	MBA PM 14	Asmita
8	Bhushan Mahendra Pawar	MBA PM 14	Bhushan
9	Chandan Kumar	MBA PM 14	Chandan
10	Deeksha Singh	MBA PM 14	Deeksha
11	Dev Prakash	MBA PM 14	Dev
12	Dhruv Prakashbhai Vekaria	MBA PM 14	Dhruv
13	Dipanshu Meval	MBA PM 14	Dipanshu
14	Diya Raj	MBA PM 14	Diya
15	Gaurav Kumar	MBA PM 14	Gaurav
16	Harsh Choudhary	MBA PM 14	Harsh
17	Harshita Rajoria	MBA PM 14	Harshita
18	Harsimran Singh	MBA PM 14	Harsimran
19	Himanshu	MBA PM 14	Himanshu
20	Himanshu Deepak Sane	MBA PM 14	Himanshu
21	Hitesh Choudhari	MBA PM 14	Hitesh
22	Jeminee Jaiswal	MBA PM 14	Jeminee
23	Kartik Sandeep Korekar	MBA PM 14	Kartik
24	Kaushik Baban Singh	MBA PM 14	Kaushik
25	Keshavanand Pawar	MBA PM 14	Keshavanand
26	Kimaya Yogesh Save	MBA PM 14	Kimaya
27	Kriti Shrivastava	MBA PM 14	Kriti

Master Class Episode:64

Date: 09/12/2022(05:00 PM to 06:00 PM)

Attendance Sheet

Sr. No.	Students Name	Stream with Batch	Sign
28	Kumar Gaurav	MBA PM 14	Kumar
29	Lorika Rathod	MBA PM 14	Lorika
30	Mahak Arora	MBA PM 14	Mahak
31	Manali Rajan Barai	MBA PM 14	Manali
32	Manish	MBA PM 14	Manish
33	Manish Nayak	MBA PM 14	Manish
34	Manpreet Singh	MBA PM 14	Manpreet
35	Mansi Rai	MBA PM 14	Mansi
36	Manvi Siddhu	MBA PM 14	Manvi
37	Mili Mazumdar	MBA PM 14	Mili
38	Naveen Kumar	MBA PM 14	Naveen
39	Neha	MBA PM 14	Neha
40	Nehal Ashok Pandey	MBA PM 14	Nehal
41	Nikita Kandwal	MBA PM 14	Nikita
42	Nikita Bhojraj Makhija	MBA PM 14	Nikita
43	Nikunj Talwaria	MBA PM 14	Nikunj
44	Nishi Vagreacha	MBA PM 14	Nishi
45	Nitisha Nitin Patil	MBA PM 14	Nitisha
46	Novotna Yadav	MBA PM 14	Novotna
47	Parminder Singh	MBA PM 14	Parminder
48	Prabhas Ranjan Mohanty	MBA PM 14	Prabhas
49	Pranshu Chauhan	MBA PM 14	Pranshu
50	Priyanshu Rai	MBA PM 14	Priyanshu
51	Purnendra Sahu	MBA PM 14	Purnendra
52	Rahul Kumar Singh	MBA PM 14	Rahul
53	Rakesh Mandal	MBA PM 14	Rakesh
54	Rakshita karambelkar	MBA PM 14	Rakshita

Master Class Episode:64

Date: 09/12/2022(05:00 PM to 06:00 PM)

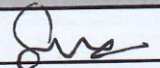
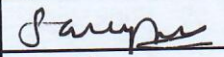
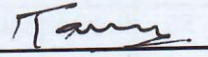
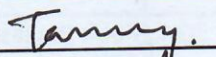
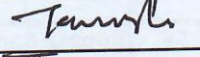
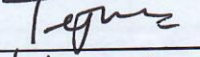
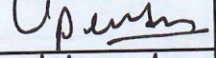
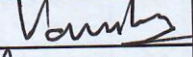
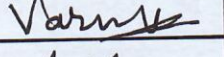
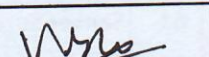
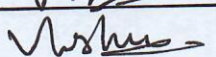
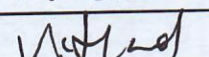
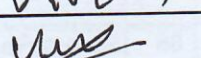
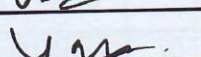
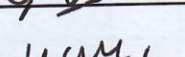
Attendance Sheet

Sr. No.	Students Name	Stream with Batch	Sign
55	Ritik Singh	MBA PM 14	Ritik.
56	Rohit Kanlal Septa	MBA PM 14	Rohit
57	Rohit Prakash Khuje	MBA PM 14	Rohit
58	Rupesh Sanjiv Patil	MBA PM 14	Rupesh
59	Saahit Divakar Adapa	MBA PM 14	Saahit
60	Sagar Chandrakant Tapase	MBA PM 14	Sagar.
61	Samiksha Chandrashekhar Saonerkar	MBA PM 14	Samiksha
62	Sandeep Pandey	MBA PM 14	Sandeep
63	Sanket Surendra Khutade	MBA PM 14	Sanket
64	Sanskriti	MBA PM 14	Sanskriti
65	Saurabh Sanjay Karlekar	MBA PM 14	Saurabh
66	Shanmukh Madapati	MBA PM 14	Shanmukh
67	Shirish Digamber Bende	MBA PM 14	Shirish
68	Shivani bhabhra	MBA PM 14	Shivani
69	Shreya Agrawal	MBA PM 14	Shreya
70	Shreya Sikdar	MBA PM 14	Shreya
71	Shriyani Roy	MBA PM 14	Shriyani
72	Shubham Agarwal	MBA PM 14	Shubham
73	Shubham Saini	MBA PM 14	Shubham
74	Shubham Soni	MBA PM 14	Shubham
75	Siddhant Singh	MBA PM 14	Siddhant
76	Siddhant Kishor Wankhade	MBA PM 14	Siddhant
77	Sidharth Choudhary	MBA PM 14	Sidharth
78	Simran Sharma	MBA PM 14	Simran
79	Sonika Tanwar	MBA PM 14	Sonika
80	Soumik Maity	MBA PM 14	Soumik
81	Sounak Ghosh	MBA PM 14	Sounak
82	Stuti Dharmendra Sheth	MBA PM 14	Stuti

Master Class Episode:64

Date: 09/12/2022(05:00 PM to 06:00 PM)

Attendance Sheet

Sr. No.	Students Name	Stream with Batch	Sign
83	Suman Rituraj	MBA PM 14	
84	Suraj Ahuja	MBA PM 14	
85	Swapnaja Ganesh Gaurkar	MBA PM 14	
86	Tanay Sudhir Sontakke	MBA PM 14	
87	Tanmay Varshney	MBA PM 14	
88	Tanushree Abhay Pande	MBA PM 14	
89	Tejas Sharadrao Kitey	MBA PM 14	
90	Upendra Vikram Singh	MBA PM 14	
91	Vanshika Agarwal	MBA PM 14	
92	Varnika Tapa	MBA PM 14	
93	Vishal Singh Tomar	MBA PM 14	
94	Vishal Uppal	MBA PM 14	
95	Vishwajeet Tanaji Patil	MBA PM 14	
96	Vitthal Suryakant Kalyan	MBA PM 14	
97	Vivek Pandey	MBA PM 14	
98	Yash Goyal	MBA PM 14	
99	Yash Narendra Kale	MBA PM 14	
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IIHMR UNIVERSITY, JAIPUR

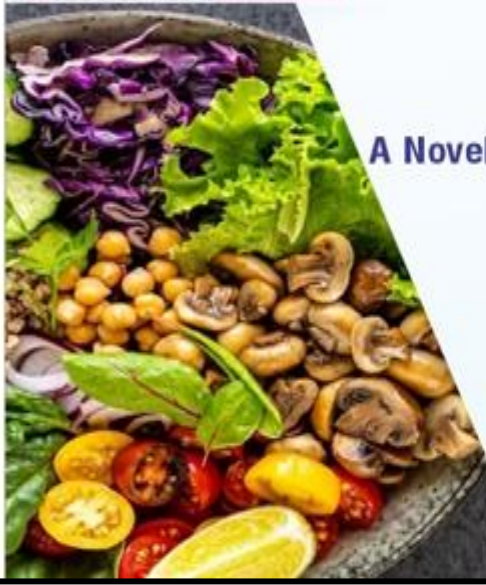
EVENT OUTCOME REPORT

“Master Class Episode no 65”

“Master Class Episode No 65”
Topic: - “NUTRIGENOMICS A Novel Approach Towards Personalized Nutrition”
Date: - 9 th December 2022 from 04:00 pm to 05:00 pm
Venue: - LH-10, IIHMR University
Speaker: - Dr. A Sreekumar MBBS, DLO, FACNEM, ENT Surgeon Functional Health & Wellness Expert Foundation Soukhya Foundation.
Number of participants: - 100 students from Health Management Batch -27
Introduction: - The 65 th episodes of the Master Class titled - NUTRIGENOMICS A Novel Approach Towards Personalized Nutrition” on 9 th December 2022 from 5:00 pm to 6:00 pm by - Dr. A Sreekumar MBBS, DLO, FACNEM, ENT Surgeon Functional Health & Wellness Expert Foundation Soukhya Foundation at IIHMR university. Dr. Varsha Tanu as the moderator of the Master Class and the whole session was based on interaction and understanding the nutrigenomics towards personalized nutrition and how important it is to understand and follow personal nutrition.
Objective: - The objective of this regulatory session was to enhance understanding and proficiency of nutrition and how it affects an individual.
Salient Novel Points Covered: Role: - Dr. A Sreekumar covered how important it is to focus on the health and along with the importance of nutrition in daily life and how does it play an vital role in the nutrigenomics of an individual and how it can transform lives and overall health of an individual. Challenges and Opportunities: -How to educate people on the right nutrition diet and regime and how it works. -How to train individuals to follow the routine and make it a habit to eat proper diet. -How to make one understand the nutrigenomics of oneself and how it can change the Dynamics of an individual and affect his overall health. Q &A and Interactive Discussion: The session encouraged active participation from students, who asked insightful questions based on how nutrigenomics works and how one can understand his nutrigenomics and make it into his lifestyle.
Future Scope: Nutrigenomics aims to move away from one-size-fits-all dietary recommendations towards personalized nutrition plans tailored to an individual's genetic profile. By understanding how genetic variations influence nutrient metabolism and disease risk, nutrigenomics has the potential to revolutionize disease prevention and treatment. As nutrigenomics research advances, it may influence public health policies and guidelines related to nutrition. Nutrigenomics aligns with the broader concept of precision medicine, which aims to tailor medical treatment to the individual characteristics of each patient. In summary, nutrigenomics holds tremendous promise for revolutionizing nutrition and health care by providing personalized dietary recommendations based on an individual's genetic makeup
Appropriate caption for the seminar: - “Unlocking the Genetic Secrets of Nutrition: Exploring the Future with Nutrigenomics”




MasterClass
 Episode 65



NUTRIGENOMICS

A Novel Approach Towards Personalized Nutrition

 Friday, Dec 09, 2022
 04:00 PM to 05:00 PM (INDIA) 
 Old Auditorium, IIHMR University



SPEAKER
Dr. A Sreekumar
MBBS, DLO, FACHEM, ENT Surgeon
 Functional Health & Wellness Expert
 Founder Suksha Foundation



Welcome Address
Dr. (Col) Mahender Kumar
Dean IIHMR & Practor
 IIHMR University, Jaipur



MODERATOR
Dr. Varsha Tanu
Associate Professor
 IIHMR University, Jaipur





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Long 75.815543°
29/02/24 10:59 AM GMT +05:30

 **GPS Map Camera**

Master Class Episode:65

Date: 09/12/2022(04:00 PM to 05:00 PM)

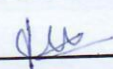
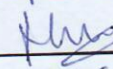
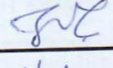
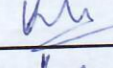
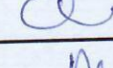
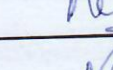
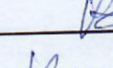
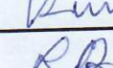
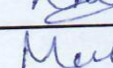
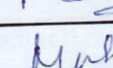
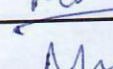
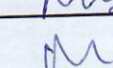
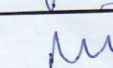
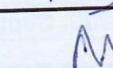
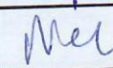
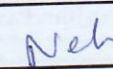
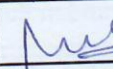
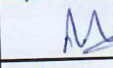
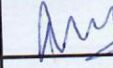
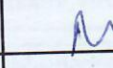
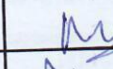
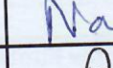
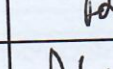
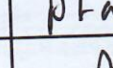
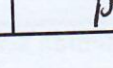
Attendance Sheet

Sr. No.	Students Name	Stream with Batch	Sign
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3	Aayushi Jaiswal	MBA Pm 13	Aayushi
4	Abhijeet	MBA Pm 13	Abhijeet
5	Abhishek Rewaskar	MBA Pm 13	Abhishek
6	Akshay Kumar	MBA Pm 13	Akshay
7	Akshay Shinde	MBA Pm 13	Akshay
8	Amaanulla Khan	MBA Pm 13	Amaan
9	Amruth S	MBA Pm 13	Amruth
10	Anil Hambarde	MBA Pm 13	Anil
11	Ankit	MBA Pm 13	Ankit
12	Ankit Suhag	MBA Pm 13	Ankit
13	Anubhav Barik	MBA Pm 13	Anubhav
14	Ashish Gupta	MBA Pm 13	Ashish
15	Asmita Patil	MBA Pm 13	Asmita
16	Bhushan Pawar	MBA Pm 13	Bhushan
17	Chandan Kumar	MBA Pm 13	Chandan
18	Deeksha Singh	MBA Pm 13	Deeksha
19	Dev Prakash	MBA Pm 13	Dev
20	Dhruv Vekaria	MBA Pm 13	Dhruv
21	Dipanshu Meval	MBA Pm 13	Dipanshu
22	Diya Raj	MBA Pm 13	Diya
23	Gaurav Kumar	MBA Pm 13	Gaurav
24	Harsh Choudhary	MBA Pm 13	Harsh
25	Harshita Rajoria	MBA Pm 13	Harshita
26	Harsimran Singh	MBA Pm 13	Harsimran
27	Himanshu	MBA Pm 13	Himanshu

Master Class Episode:65

Date: 09/12/2022(04:00 PM to 05:00 PM)

Attendance Sheet

Sr. No.	Students Name	Stream with Batch	Sign
28	Himanshu Sane	MBA Pm 13	
29	Hitesh Choudhari	MBA Pm 13	
30	Jeminee Jaiswal	MBA Pm 13	
31	Kartik Korekar	MBA Pm 13	
32	Kaushik Singh	MBA Pm 13	
33	Keshavanand Pawar	MBA Pm 13	
34	Kimaya Save	MBA Pm 13	
35	Kriti Shrivastava	MBA Pm 13	
36	Kumar Gaurav	MBA Pm 13	
37	Lorika Rathod	MBA Pm 13	
38	Mahak Arora	MBA Pm 13	
39	Manpreet Singh	MBA Pm 13	
40	Mansi Rai	MBA Pm 13	
41	Manvi Siddhu	MBA Pm 13	
42	Mili Mazumdar	MBA Pm 13	
43	Naveen Kumar	MBA Pm 13	
44	Neha	MBA Pm 13	
45	Nehal Pandey	MBA Pm 13	
46	Nikita Kandwal	MBA Pm 13	
47	Nikita Makhija	MBA Pm 13	
48	Nikunj Talwaria	MBA Pm 13	
49	Nishi Vagreacha	MBA Pm 13	
50	Nitisha Patil	MBA Pm 13	
51	Novotna Yadav	MBA Pm 13	
52	Parminder Singh	MBA Pm 13	
53	Prabhas Mohanty	MBA Pm 13	
54	Pranshu Chauhan	MBA Pm 13	

Master Class Episode:65

Date: 09/12/2022(04:00 PM to 05:00 PM)

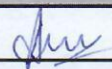
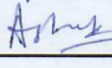
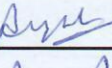
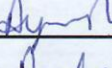
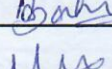
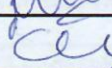
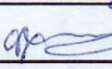
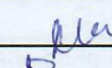
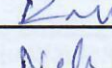
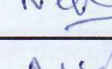
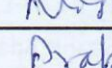
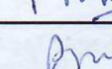
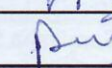
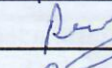
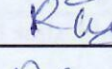
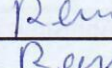
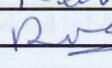
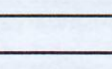
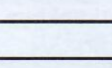
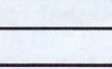
Attendance Sheet

Sr. No.	Students Name	Stream with Batch	Sign
55	Priyanshu Rai	MBA Pm 13	<i>Priyanshu</i>
56	Purnendra Sahu	MBA Pm 13	<i>Purnendra</i>
57	Rahul Singh	MBA Pm 13	<i>Rahul</i>
58	Rakesh Mandal	MBA Pm 13	<i>Rakesh</i>
59	Rakshita Karambelkar	MBA Pm 13	<i>Rakshita</i>
60	Ritik Singh	MBA Pm 13	<i>Ritik</i>
61	Rohit Kanlal Septa	MBA Pm 13	<i>Rohit</i>
62	Rohit Khuje	MBA Pm 13	<i>Rohit</i>
63	Rupesh Patil	MBA Pm 13	<i>Rupesh</i>
64	Saahit Adapa	MBA Pm 13	<i>Saahit</i>
65	Sagar Tapase	MBA Pm 13	<i>Sagar</i>
66	Samiksha Saonerkar	MBA Pm 13	<i>Samiksha</i>
67	Aashna Jain	MBA HM 27	<i>Aashna</i>
68	Abhishek Raghav	MBA HM 27	<i>Abhishek</i>
69	Abhishek Singh	MBA HM 27	<i>Abhishek</i>
70	Aditi Beniwal	MBA HM 27	<i>Aditi</i>
71	Aishwarya Juniwal	MBA HM 27	<i>Aishwarya</i>
72	Akankhya Jena	MBA HM 27	<i>Akankhya</i>
73	Akshat Tomar	MBA HM 27	<i>Akshat</i>
74	Akshya Kumar	MBA HM 27	<i>Akshya</i>
75	Anish Kumar	MBA HM 27	<i>Anish</i>
76	Anita Yadav	MBA HM 27	<i>Anita</i>
77	Anjali Sahu	MBA HM 27	<i>Anjali</i>
78	Ankita Sharma	MBA HM 27	<i>Ankita</i>
79	Anshu Singh	MBA HM 27	<i>Anshu</i>
80	Anunay Maithani	MBA HM 27	<i>Anunay</i>
81	Anupam Chadha	MBA HM 27	<i>Anupam</i>
82	Archi Gupta	MBA HM 27	<i>Archi</i>

Master Class Episode:65

Date: 09/12/2022(04:00 PM to 05:00 PM)

Attendance Sheet

Sr. No.	Students Name	Stream with Batch	Sign
83	Aruna Priyanka R S	MBA HM 27	
84	Ashok Sharma	MBA HM 27	
85	Ayush Kumar	MBA HM 27	
86	Ayushi Agarwal	MBA HM 27	
87	Batul Kapasi	MBA HM 27	
88	Manya Saraswat	MBA HM 27	
89	Meghna Singh	MBA HM 27	
90	Meragani Vasavi	MBA HM 27	
91	Monika Sharma	MBA HM 27	
92	Musaddique Zaman	MBA HM 27	
93	Neha Mishra	MBA HM 27	
94	Nishi Sharma	MBA HM 27	
95	Nitika Yadav	MBA HM 27	
96	Prabh Preet Kaur	MBA HM 27	
97	Prashu Jain	MBA HM 27	
98	Pratyusha Mohanty	MBA HM 27	
99	Preeti Bharti	MBA HM 27	
100	Rajat Dewan	MBA HM 27	
101	Reena Sharma	MBA HM 27	
102	Richa Gupta	MBA HM 27	
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