

**IIHMR UNIVERSITY, JAIPUR
EVENT OUTCOME REPORT
Master Class Episode 16**

“Master Class Episode 16”
Topic: - Managing Yourself- The First Step Towards Leadership
Date: 8 th December 2020 from 05:00 PM to 06:00 PM
Venue: - IIHMR University, Jaipur
Speaker: - Dr. Poornima Dore, Head- Data Driven Governance, Tata Trusts- Mumbai
Number of participants: - 46
Introduction: - This session featured: Dr. Poornima Dore, Head- Data Driven Governance, Tata Trusts- Mumbai, India. The event was moderated by Prof. Rahul Ghai, Dean - SDS, IIHMR University, Jaipur, and the Session was welcomed by Dr. Rani S. Ladha, Provost, IIHMR University, Jaipur.
<p>Objective:</p> <p>The primary objective of this session or concept is to empower individuals to develop self-awareness, discipline, and personal accountability as foundational traits for effective leadership. It aims to help aspiring leaders understand that self-management is the cornerstone of leading others, and without mastering oneself, one cannot inspire, guide, or influence a team effectively.</p>
<p>Salient Novel Points Covered:</p> <p>Self-Leadership as the Foundation of External Leadership</p> <ul style="list-style-type: none"> • Leadership begins not with managing others, but with managing your own mindset, energy, and choices. • Leading oneself with clarity and consistency earns the credibility needed to lead others. <p>Emotional Mastery Over Emotional Reaction</p> <ul style="list-style-type: none"> • Leaders must learn to respond rather than react. • This includes building emotional resilience, managing stress, and practicing mindfulness. <p>Clarity of Personal Purpose and Values</p> <ul style="list-style-type: none"> • A strong sense of “why” drives focus, motivation, and ethical decision-making. • Aligning actions with values builds authenticity and trust. <p>Intentional Time and Energy Management</p> <ul style="list-style-type: none"> • Managing oneself means effectively managing one’s priorities, not just one’s schedule. • High-performing leaders focus on impact, not busyness.
<p>Role:</p> <p>Managing Yourself" plays a transformational role in shaping effective, authentic, and resilient leaders. It is not just the first step toward leadership—it is the ongoing foundation upon which all other leadership competencies are built.</p>

Challenges and Opportunities:

Challenges

1. Lack of Self-Awareness
 - Many individuals struggle to objectively recognize their strengths, weaknesses, and behavioral patterns.
 - Without introspection, blind spots go unaddressed and hinder leadership growth.
2. Emotional Reactivity
 - Managing emotional impulses under stress or pressure is difficult.
 - Leaders may respond impulsively, harming relationships and credibility.
3. Resistance to Feedback
 - Taking constructive criticism personally instead of using it for growth can stall self-management.
 - Ego and defensiveness often block honest self-reflection.

Opportunities

1. Foundation for Authentic Leadership
 - Mastering self-management builds credibility and authenticity, making leadership more impactful and trustworthy.
2. Enhanced Emotional Intelligence
 - Managing emotions effectively improves relationships, team dynamics, and decision-making under pressure.
3. Empowered Decision-Making
 - Greater self-control and awareness enable thoughtful, value-driven decisions.
4. Modeling Desired Behaviors
 - Self-disciplined leaders inspire their teams to adopt accountability, focus, and resilience.

Q &A and Interactive Discussion:

An interactive session on “Managing Yourself- The First Step Towards Leadership” was engaging, informative, and participatory to keep the audience involved while delivering valuable insights.

Future Scope:

As leadership paradigms evolve in the face of technological disruption, remote work, and increasingly complex global challenges, the importance of self-management is expanding rapidly. It is no longer just a preliminary skill—it is becoming a strategic leadership competency for the future.

Appropriate caption for the webinar:



Self-Leadership: The True Beginning of Every Leader’s Journey
From Self-Mastery to Team Mastery: The Leadership Evolution
The Inner Leader: Managing Yourself to Lead with Purpose

MasterClass
Episode 16

IIHMR UNIVERSITY

Managing Yourself - The First Step Towards Leadership

 Tuesday, December 08, 2020

 05:00 PM - 06:00 PM (INDIA) 



WELCOME
Dr. Rani S. Ladha
Provent
IIHMR University, Jaipur



MODERATOR
Prof Rahul Ghai
Deat SES
IIHMR University, Jaipur



SPEAKER
Dr. POORNIMA DORE

Head, Data Driven Governance,
Tata Trusts Mumbai

Master Class Episode 16

Date: 08/12/2020 (05:00 PM to 06: 00 PM)

Attendance Sheet

Sr. No.	Students Name	Stream with Batch
1	Adarsh Singh	MBA RM Batch 8 (2019-21)
2	Aditya Saikia	MBA RM Batch 8 (2019-21)
3	Bhanu Shri Nayak	MBA RM Batch 8 (2019-21)
4	Dinesh Upadhyay	MBA RM Batch 8 (2019-21)
5	Dushyant Singh Rathore	MBA RM Batch 8 (2019-21)
6	Garima Kashyap	MBA RM Batch 8 (2019-21)
7	Jahnvi Srivastava	MBA RM Batch 8 (2019-21)
8	Kalpesh Sharma	MBA RM Batch 8 (2019-21)
9	Kunal Shekhar	MBA RM Batch 8 (2019-21)
10	Manish Tete	MBA RM Batch 8 (2019-21)
11	Manvendra Singh Gahlot	MBA RM Batch 8 (2019-21)
12	Mukesh Kumar	MBA RM Batch 8 (2019-21)
13	Niyati Saxena	MBA RM Batch 8 (2019-21)
14	Rahul Kumar Singh	MBA RM Batch 8 (2019-21)
15	Romesh Kumar Rathore	MBA RM Batch 8 (2019-21)
16	Saket Ranjan	MBA RM Batch 8 (2019-21)
17	Saumya	MBA RM Batch 8 (2019-21)
18	Shashank Anand	MBA RM Batch 8 (2019-21)
19	Sunil Kumar Singh	MBA RM Batch 8 (2019-21)
20	Diwakar Verma	MBA RM Batch 8 (2019-21)
21	Aditi Lawaniya	MBA RM Batch 8 (2019-21)
22	Rohan Kataria	MBA RM Batch 8 (2019-21)
23	Pratibha Jain	MBA RM Batch 8 (2019-21)
24	Chencho Wangdi	MBA RM Batch 8 (2019-21)
25	Choki Wangmo	MBA RM Batch 8 (2019-21)
26	Deki Yangzom	MBA RM Batch 8 (2019-21)
27	Dorji Zangmo	MBA RM Batch 8 (2019-21)
28	Pema Chezom	MBA RM Batch 8 (2019-21)
29	Sabin Khanal	MBA RM Batch 8 (2019-21)
30	Anubhav Shori	MBA RM Batch 9 (2020-22)
31	Anupama Ekka	MBA RM Batch 9 (2020-22)

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Sr. No.	Students Name	Stream with Batch
32	Avinash Gaurav	MBA RM Batch 9 (2020-22)
33	Ayush Sharma	MBA RM Batch 9 (2020-22)
34	Divyesh Dineshbhai Markana	MBA RM Batch 9 (2020-22)
35	Ishan Dwivedi	MBA RM Batch 9 (2020-22)
36	Kavita Hasda	MBA RM Batch 9 (2020-22)
37	Manali Mathur	MBA RM Batch 9 (2020-22)
38	Muskan Agrawal	MBA RM Batch 9 (2020-22)
39	Muskan Chauhan	MBA RM Batch 8 (2019-21)
40	Nanhku Singh	MBA RM Batch 8 (2019-21)
41	Nitesh Kumar Samant	MBA RM Batch 8 (2019-21)
42	Ram Singh Gond	MBA RM Batch 8 (2019-21)
43	Ratnesh Kumar	MBA RM Batch 8 (2019-21)
44	Sidhant Raj	MBA RM Batch 8 (2019-21)
45	Sonali Kumari	MBA RM Batch 8 (2019-21)
46	Vikram Sharma	MBA RM Batch 8 (2019-21)
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