

The Dispatch

Issue -10

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"US-India-Collaborative case Workshop on Transforming India"



US-India-Collaborative Case workshop on transforming India was conducted on January 10, 2020. Almost 8 students from the University of Massachusetts, Boston also attended the workshop. The students from IIHMR University & University of Massachusetts, Boston also undertook a SWOT analysis of a case study based on Ayushman Bharat.

The keynote speaker of the event, Dr. Prithvi Raj, Secretary, Finance (Revenue) department, Government of Rajasthan, said that there is a need to measure the achievement of the health schemes. He further added that if we really want to develop or change India, we should make the Universal Health Coverage effectively universal.

Dr. Pankaj Gupta, President, IIHMR University, said that such programs are an outline of attitude and

determination, which can turn into an action plan.

Dr. S. D. Gupta, Chairman, IIHMR University, shared his views on the "Ayushman Bharat" focusing on the medical care system through which a layman can be benefited. He said that Ayushman Bharat is wrongly perceived as an insurance scheme. It is assurance scheme where the government takes responsibility of care up to a certain amount.

Further, the program followed by Mr. Mohan Lal Agarwal, Coordinator & US Fulbright Fellow, addressing the workshop. Earlier, the program commenced with a welcome address by Ms. Anuradha Palanichamy, Prof. and Dean, School of Development Studies, IIHMR University. She highlighted the efforts of IIHMR University in bringing concept knowledge innovation.

Youth Conference 2020 -

'The Reverie Rhapsody'

To commemorate the birth anniversary of Swami Vivekananda, IIHMR university hosted the youth conference titled — 'Reverie Rhapsody', which was organized at IIHMR University on 15 January 2020.

Prof. Gaurav Vallabh, Author and Congress Spokesperson, was the Chief Guest of the event. While addressing the gathering he said that one should not worry about how society reacts; but do what you love doing. Keep things simple and listen to your basic instincts because that is what will lead one to the right direction and will do justice in life.

On the occasion, Dr. Pankaj Gupta, President, IIHMR University, said that when you live in pure intention, magic begin to happen in your life. Everyone has a divine light within you. One should love yourself the way you are.

'Intuitive Wisdom and Transformational Leadership' talk was delivered by Swami Shantatmananda, a Senior Monk of the Ramakrishna, heads the Delhi Centre of the Ramakrishna Mission.

A talk on 'Educate, Enable, Empower' was delivered by Ms Tenzin Kalsang. Ms. Kalsang is an activist and co-founder of Drokmo, a feminist resource group working on gender issues through access to education, health, safety from violence and livelihoods in the Himalayan belt.

It is to be noted that this program was conducted by the CMWE, which runs under IIHMR University.



Republic Day Celebrations at IIHMR University

IIHMR University celebrated the 71st Republic Day in the campus. The flag was hoisted by the Chief Guest for the occasion, Dr Jagdish Pathak, Prof., University of Windsor. The cultural program arranged by the enthusiastic students added to the festivities. The program began with a welcome address from Dr Piyush Kant Pandey, Dean Academics, IIHMR University. On the occasion, Dr Pankaj Gupta, President, IIHMR University, presented an enthusiastic speech and encouraged students to perform their duties.



Promoting Dietary Diversity Through Participatory Learning and Action Approach

–A workshop on Learning from Tonk, Rajasthan, on 25th January 2020 at IIHMR University Campus

Centre for micro Finance (CmF), TINI and IIHMR University jointly organized a Dissemination Workshop on Promoting Dietary Diversity through Participatory Learning and Action Approach – Learning from Tonk, Rajasthan on 25th January 2020 at IIHMR University campus. On behalf of IIHMR University, Dr. Mangal shared the experience of implementing POSHAN in Rajasthan in the workshop. Dr. C. Pandav, Member, National Council for India Nutritional Challenges, POSHAN ABHIYAN, presented the keynote address. The workshop was attended by around 50-60 representatives of Government, Development Partners and NGO sector.

IIHMR University students participated in Jaipur Literature Festival (JLF)

IIHMR University successfully participated in the Jaipur Literature Festival 2020. The students participated enthusiastically in huge number to enhance the brand 'IIHMR University' at JLF. Placards, Bookmarks, Banners and scrollers with 'Quotes' mentioning good thoughts, books/ literature and quotes on 'how good health is associated with reading books' were distributed amongst the participants.



Self-Defense training by the Rajasthan Police, for all female members of IIHMR Family

IIHMR University female students, faculty and staff underwent a self-defense training given by Rajasthan Police, for a week from February 17 to 24, 2020. The training proved extremely useful in terms of safety, gaining confidence and self-awareness.



International Conclave on Ethical Leadership and Values



IIHMR University organized 'International Conclave on Ethical Leadership and Values' on 29 January 2020 in the campus. The day long conclave had many esteemed guest and experts including Gurudev Shri Amritji, Founder & Spiritual Director, Amrit Yoga Institute, Florida, USA, as the Chief Guest of Honor; Kamini Devi (Ph.D.), Executive Director, Amrit Yoga Institute, Florida, as a Special Invitee; Prof. (Dr.) Sanjeev P. Sahni, Principal Director, OP Jindal Global University, as the Chief Guest and Dr. Bhimaraya Metri, Director, IIM Tiruchirappalli, as the Guest of Honour of the Conclave. The Conference also witnessed participation of almost 50 international delegates apart from other participants.



The program began with Gurudev Shri Amritji's talk on Love, Sex and Relationships. He touched on yoga as a modification of the mind and its essence as a spiritual discipline. He said that the practice of yoga teaches how to remove the root cause of suffering that has been created in the unconscious mind.

A 'Stress Management' Workshop was delivered by Shri. Kamini Devi. Which witnessed participation from students as well as faculties. Dr. Pankaj Gupta, President, IIHMR University, spoke on 'Swabhav to Swadharma' in which he underlined the objective of life.

Prof. (Dr.) Sanjeev P. Sahni, led a stimulating session on 'Mind body Relationship'. He said that our beliefs, judgement, opinions and morality together form our attitude. Dr. Bhimaraya Metri led a session on 'Value and ethics in current world'.

Post the sessions, Rajasthani Folk Dance was presented by Babu Khan and Group who performed 'Padharo Mahare Des', Bhawai, Chari dance and Kalbeliya dance performance.

MOU between IIHMR University and Amrit Yoga Institute

IIHMR University and Amrit Yoga Institute signed MoU on Capacity building, conducting workshops, exchange programs and joint research projects in the area of Healthcare, Yoga, Wellness and related areas on January 29, 2020 in IIHMR University, Jaipur.



IIHMR University celebrates International Women's Day

performs 'Nukkad Natak' on the campus portraying violence against women



The IIHMR University organized a series of fun-filled but thought-provoking activities on its campus including poetry and painting sessions, flash mob, JAM Session, and a street play as a part of their week-long celebration of the achievements of women. The 'Nukkad Natak' highlighted the status of women in Indian society and focused on the violence they face at home and outside in the forms of domestic violence, eve-teasing, and rape, to name a few.

The week-long 'Gender Week' commenced on Monday with a Flash Mob performed by the Gender Champions at the campus. The Gender Champions gave a strong message of human rights and gender equality. Other activities during this period included painting and poetry sessions and Jam Session, that highlighted the pertinent issues of women – from the demand for equal pay, equal sharing of unpaid care and domestic work, to an end to sexual harassment and violence against women.



Conference on 'Spirituality and Management 2020'

A two-day conference on 'Spirituality and Management 2020: From Model to Application' was held on March 6 and March 7 at the sprawling campus of OP Jindal Global University. The conference was jointly organized by IIHMR University Jaipur and OP Jindal Global University, Jindal Institute of Behavioral Sciences, and the Centre for Leadership and Change. The aim was to emphasize the importance of practicing mindfulness to relieve stress.

During the introductory remarks, Dr. Pankaj Gupta, President IIHMR University, emphasized on need to live a balanced life and channelizing the restless mind on the right track through spiritual means. He said, "Most of the time we are driven by 'I' factor but we need to work on a collective level and that can be achieved by looking at spiritual connotations of our lives."

Professor (Dr.) Sanjeev P. Sahni, Principal Director, Jindal Institute of Behavioural Sciences emphasized on need to dissociate spirituality with mere religiousness and related activities. He said, "We have mistaken spirituality with religious practices, rituals, sermons, commemoration or veneration of deities, doing yoga, and meditation when in reality it is more than that".

All in all, 18 scholars presented their work that focused on themes like Spirituality in business organizations, Spirituality Models of Management and Leadership, Impact of workplace spirituality upon employee performance, Sacred/Secular landscape and environmental management and Incorporating spirituality at the Level of Family, Society, Corporate and Nation etc.



Alumni in News

Mrs. Megha Chitkara

Congratulations to IIHMR University alumna Mrs. Megha Chitkara (PGDHM- Batch 2005-07) for being conferred the “Woman Executive of the Year Award” (India) at the International Inspirational Women Awards 2020! Mrs. Chitkara is the National Business Head - Apollo Fertility, Apollo Health and Lifestyle Limited, Telangana. We're so proud of her and wish her many more such awards in her career!



Mrs. Pragya Pranjali



Three cheers for our alumna Pragya Pranjali who was honored with the National Excellence Award on 5 April 2020! The Chief Managing Director at Habitantes World Foundation, Ms. Pranjali was a student of PGDHM batch 2005-07. We're extremely proud of her and wish her many more achievements! Ms. Pranjali is a public health professional who works on women, children and adolescent health issues for individuals in India and Tibetans in exile in India, Burma and Nepal. Through her work, she seeks to create an enabling environment for health system access. She is also associated with the United Nations and is part of a core team to prepare creatives for Census 2021 along with a third-party agency. She has authored many research papers and has led research studies in partnerships with World Bank, Stanford University, the Government of India.

Mrs. Vandana Vyas

Many congratulations to Mrs. Vandana Vyas, an alumna of PGDRM, Batch-1 (2010-2012), IIHMR University, for her nomination as a member in the Rajasthan State Commission for Protection of Child Right (RSCPCR). The Commission is an independent state-level statutory body set up in 2010 by the Government of Rajasthan. It works in close coordination with the National Commission for Protection of Child Rights (NCPCR) and other state commissions to recognize, promote and protect the rights of all children in the state of Rajasthan.



Official Advisors to the Rajasthan Government for Covid-19



We are humbled that the government has recognized our efforts towards healthcare management and improving public health and has chosen IIHMR University to be part of the COVID-19 task force. **Dr. Ashok Agarwal, Trustee IIHMR and Dr. SD Gupta, Chairman and Trustee Secretary IIHMR, have been selected as Official Advisors to the Rajasthan Government for COVID-19.** With all of us striving to get through these dark times, we are glad to be of service to join the fight against the coronavirus pandemic. IIHMR University has always been dedicated to the improvement in standards of health through better management of healthcare and related programs. We hope that we can continue to play our part to help our fellow citizens and the country come out of this challenge with success.

Webinar and Panel Discussion

The IIHMR University has conducted various webinars where eminent experts of university shared the latest information on Corona Virus and enlightened on other related issues. Webinar was a unique opportunity to learn more and engage with experts on what has become the most prominent health issue of the day with an interesting focus on the present scenario. It is also important to create proactive communication to further spread authentic information and positive awareness among citizens.

Date	Topic of Webinar and Panel Discussion
30 th March 2020	COVID-19: An Update
7 th April 2020	Covid-19 Pandemic: Protection for Health Work Force
12 th April 2020	COVID 19 an update: Preparation for Post Lockdown
18 th April 2020	Indian Pharmaceutical Industry– The way Forward
28 th April 2020	How to balance personal life & professional life during this lockdown
29 th April 2020	Role of Development Agencies & Professionals in Post COVID-19 Recovery
29 th April 2020	Scope and Role of NGO's, CSR, Social Entrepreneurs and Professionals in the Public Health after the corona virus lock down



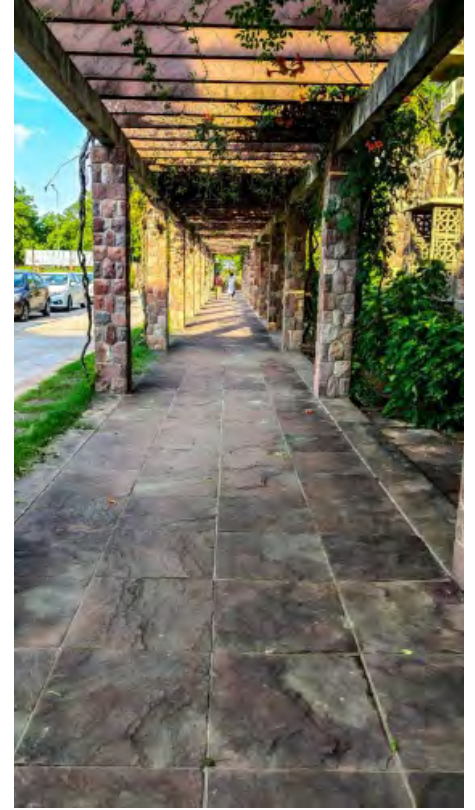
#TogetherWeCan Campaign

IIHMR University initiated a campaign **#TogetherWeCan** to encourage and motivate people to fight against the crisis together. In which, our alumni participated in the campaign by sharing beautiful & motivational quotes and some had written articles on COVID-19 to create awareness among citizens, which got published on social media and other platforms. Few glimpses



Articles





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