

Headline: IIHMR University Promotes “One Earth, One Health” on International Yoga Day 2025

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News Latest


IIHMR University Promotes “One Earth, One Health” on International Yoga Day 2025

By The Education Times News Bureau - June 24, 2025

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Jaipur, June 24, 2025: IIHMR University celebrated International Yoga Day 2025 by organizing a special session of Yoga Sangam on the theme “Yoga for One Earth, One Health” at the university campus.

Dr. P.R. Sodani, President, IIHMR University, said that we invited Dr. Kaku Mayur Vinaykumar, a renowned Neurosurgeon and Yoga Guru, on this occasion to conduct a special session for faculty, staff, and students on the theme of Yoga for One Earth, One Health. Dr. Kaku Mayur conducted the session with a series of yoga and pranayama, designed to enhance vitality, reduce stress, and foster holistic health.

All the participants practiced yoga and pranayama to learn how to reduce stress and remain fit for longer years. The event was held simultaneously and in harmony with the national celebration of International Yoga Day 2025, led by the Hon'ble Prime Minister of India at Visakhapatnam, Andhra Pradesh, reflecting the shared spirit of unity and well-being across the nation. The university was honoured by the Ministry of AYUSH and Ministry of Health & Family Welfare, Government of India with the Yoga Sangam Patra in recognition of its commendable efforts in hosting the Yoga Sangam event, reflecting its commitment to promoting holistic health and well-being.