

ACTIVITY COMPLETION REPORT

1. ACTIVITY DETAILS

Activity Title Knowledge Session on Urology Health Awareness for Youth

Date 26th August 2026

Duration 1 Day

Venue IIHMR University, Jaipur

Organized By IIHMR University

Nature of Activity Interactive Knowledge Session on Urological Health and Preventive Care

Resource Person Dr. Swati Nayak, MBBS, MS General Surgery, DNB General Surgery, MCh Urology, FRCS Urology, Senior Consultant, Urology and Renal Transplant, Eternal Hospital

Contact Details Phone: 91-141-3924700, 2791431-32 / E-mail: iihmr@iihmr.edu.in

Address 1, Prabhu Dayal Marg, Near Sanganer Airport, Jaipur – 302029



2. EVENT DETAILS

IIHMR University organised an **Exclusive Interactive Knowledge Session on Urology Health Awareness for Youth** on **August 26, 2026**, aimed at enhancing awareness of urological health and the importance of preventive care among young individuals. The session was designed to address common urological health concerns, promote healthy practices, and encourage timely attention to health-related symptoms.

The session was led by **Dr. Swati Nayak, MBBS, MS General Surgery, DNB General Surgery, MCh Urology, FRCS Urology, Senior Consultant, Urology and Renal Transplant, Eternal Hospital**. With her

extensive clinical expertise in urology and renal transplant, Dr. Nayak provided valuable insights into key aspects of urological health, common disorders, and evidence-based preventive practices.

Key topics covered in the session included:

- Overview of the urological system and common urological conditions affecting youth.
- Preventive practices for maintaining urological health, including hydration, hygiene, and lifestyle measures.
- Recognition of early symptoms and warning signs requiring medical attention.
- The significance of timely diagnosis and treatment in preventing complications.
- Addressing myths, misconceptions, and stigma related to urological health.
- Guidance on when and how to seek appropriate urological care.

Through an interactive and youth-friendly approach, the session encouraged participants to ask questions, clarify doubts, and reflect on their own health behaviours. Dr. Nayak emphasised the importance of proactive health-seeking behaviour, regular health check-ups, and open discussions around urological health.

The session contributed to greater health awareness among participants and reinforced the importance of preventive care in maintaining long-term well-being. It also supported IIHMR University's commitment to promoting holistic health, health literacy, and responsible health practices among students and young people.

3. PARTICIPANTS

Total Participants: 116

Urology Health Awareness Session for Youth

Date: 26/08/2026 (04:30 PM to 05:30 PM)

Attendance Sheet

Sr. No.	Students Name	Stream with Batch	Sign
1	Himanshu Raj	MBA/Healthcare Analytics/2nd	<i>[Signature]</i>
2	Shreyash R. Mahajan	MBA (PM)	<i>[Signature]</i>
3	Hanshal	MBA (HM)	<i>[Signature]</i>
4	Vaibhav Mahalle	MBA (PM)	<i>[Signature]</i>
5	Dr. Anand Singha	MBA (HM)	<i>[Signature]</i>
6	Ashish Kori	MBA (HM)	<i>[Signature]</i>
7	S. Chandra Sekhar	MBA (HM)	<i>[Signature]</i>
8	Atharva G. Shrivastava	MBA (HM)	<i>[Signature]</i>
9	Snigdha Sanyal	MBA (PM) 2 nd year	<i>[Signature]</i>
10	Dr. Ishita	MBA HM 1 st year	<i>[Signature]</i>
11	Dr. Himanshu Acharya	MBA (HM) 1 st year	<i>[Signature]</i>
12	Nishan J. G.	MBA (HM) 1 st year	<i>[Signature]</i>
13	Monika Kumari	MBA (PM) 1 st year	<i>[Signature]</i>
14	ANJALI	MBA (PM) 1 st year	<i>[Signature]</i>
15	Shubham Kumar	MBA (HM) 1 st year	<i>[Signature]</i>
16	Anyali K	MBA (HM) 1 st year	<i>[Signature]</i>
17	Sakshi N. Dombale	MBA (HM) 1 st year	<i>[Signature]</i>
18	SHAKSHI	MBA (H.A) 1 st year	<i>[Signature]</i>
19	Ami Sakariya	MBA (HM) 1 st year	<i>[Signature]</i>
20	Matangi Inamdar	MBA (HM) 1 st year	<i>[Signature]</i>
21	Vishud Vora	MBA (HM) 1 st year	<i>[Signature]</i>
22	Soumya Bhatia	MBA (HM) 1 st year	<i>[Signature]</i>
23	Rishi Yadav	MBA (HM) 1 st year	<i>[Signature]</i>
24	Jinesh Singh Saks	MBA (HM) 1 st year	<i>[Signature]</i>
25	JOSHUA FREEMAN	MBA (HA) 1 st year	<i>[Signature]</i>

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Sr. No.	Students Name	Stream with Batch	Sign
26	Anshu Singh	MBA (PM) 1 year	sk
27	Shivangi Chaturvedi	MBA (HM) 1 year	sa
28	Abha Mittal	MBA (HM) 1 yr	Abha
29	Amisha	MBA (HM) 1 yr	Amisha
30	Anushka Chauhan	MBA (HM) 1 yr	Anushka
31	Madhusmita Kaku	MBA (HM) 1 st yr	Madhusmita
32	Shweta Sharma	MBA (PM) 1 st yr	Shweta
33	Shalini	MBA (HM) 1 st yr	Shalini
34	Lakshita Shastri	MBA (HM) 1 st year	Lakshita
35	Dr. Susha Datta	MBA (HM) 1 st yr	Susha
36	Dr. Pratyusha Sharma	MBA (HM) 1 st year	Pratyusha
37	Pooja Kaur	MBA (HM) 1 st year	Pooja
38	Yashu Yadav	MBA (HM) 1 st year	Yashu
39	Vineet Dwivedi	MBA (PM) 1 st year	Vineet
40	Madhura Das	MBA (HM) 1 st year	Madhura
41	Tripti Gurjar	MBA (HM) 1 st year	Tripti
42	Pooja Karan	MBA (PM) 1 st year	Pooja
43	Nitya Pandey	MBA (PM) 1 st year	Nitya
44	Mitali Khandelwal	MBA (PM) 1 st year	Mitali
45	Krati Bajpayee	MBA (PM) 1 st year	Krati
46	Anagark Khatiwala	MBA (PM) 1 st year	Anagark
47	Adarsh Kumar	MBA (HM) 1 st year	Adarsh
48	Sriyarchita Hota	MBA (HM) 1 st year	Sriyarchita
49	SURSHI KUMARI	MBA (HM) 1 st year	Surshi
50	PRATEEK JODHI	MBA (HM) 1 st year	Prateek

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Sr. No.	Students Name	Stream with Batch	Sign
51	Anuj Phalke	MBA(HA) 1 st Year	Anuj
52	Harshvardhan Padale	MBA(PM) 1 st Year	Harsh
53	Aman Saurav	MBA(PM) 1 st Year	Aman
54	Jafarun Sarathia	MBA(PM) 1 st Year	Jafar
55	Shreyas Paroo	MBA(HA) 1 st Year	Shreyas
56	Mohammed Saqib Raza	MBA(HM) 1 st Year	Saqib
57	Mohammed Sohail	MBA(HM) 1 st Year	Sohail
58	Chirada Venika	MBA(HM) 1 st Year	Chirada
59	Naina Shankar	MBA(HM) 1 st Year	Naina
60	Rohan Agrawal	MBA(HM) 1 st Year	Rohan
61	Vasavi Tomy	MBA(PM) 1 st Year	Vasavi
62	Tanisha Sharma	MBA(PM) 1 st Year	Tanisha
63	Tanvi Mishra	MBA(HA) 1 st Year	Tanvi
64	KUSHAL ASOPA	MBA(HA) 1 st Year	Kushal
65	Shruti Gang	MBA(HA) 1 st Year	Shruti
66	Taishi Garg	MBA(HM) 1 st Year	Taishi
67	Mahima Shukla	MBA(HA) 1 st Year	Mahima
68	Sanku Jain	MBA(PM) 1 st Year	Sanku
69	Arjun Singh Sharma	MBA(HA) 1 st Year	Arjun
70	Lakshya Dabholi	MBA(PM) 1 st Year	Lakshya
71	Pooja	MBA(PM) 1 st Year	Pooja
72	Mahima Sharma	MBA(HM) 1 st Year	Mahima
73	Harshvardhan Padale	MBA(HA) 1 st Year	Harsh
74	Nikita Chaudhary	MBA(HA) 1 st Year	Nikita
75	Tamara Manhas	MBA(HM) 1 st Year	Tamara

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Sr. No.	Students Name	Stream with Batch	Sign
76	Shruti Srivastava	MBA(HM) 1 st Year	Shruti
77	Purvi P.B	MBA(HM) 1 st Year	Purvi
78	Rhavan B.	MBA(HM) 1 st Year	Rhavan
79	Himanshu Phad	MBA(HM) 1 st Year	Himanshu
80	Sakshi Patel	MBA(HM) 1 st Year	Sakshi
81	Shreyas Gaur	MBA(HM) 1 st Year	Shreyas
82	Dr. Mansi Mehta	MBA(HM) 1 st Year	Mansi
83	Dr. Divyanshu Jain	MBA(HM) 1 st Year	Divyanshu
84	Mridul Kumar	MBA(HM) 1 st Year	Mridul
85	Mridul Kumbhar	MBA(HM) 1 st Year	Mridul
86	Aryan Rajput	MBA(HM) 1 st Year	Aryan
87	Dr. Hitesh Bhatnagar	MBA(HM) 1 st Year	Hitesh
88	Shivam Garg	MBA(HM) 1 st Year	Shivam
89	Shubham Kumar	MBA(HM) 1 st Year	Shubham
90	Anjali Modanwal	MBA(HM) 1 st Year	Anjali
91	Aditi W.	MBA(HM) 1 st Year	Aditi
92	Aashika	MBA(HM) 1 st Year	Aashika
93	ASNA KHAN	MBA(HM) 1 st Year	ASNA
94	Munazza Siddiqui	MBA(HM) 1 st Year	Munazza
95	Nainika Pal	MBA(HM) 1 st Year	Nainika
96	Tanvi Jain	MBA(HM) 1 st Year	Tanvi
97	Tanya Khosla	MBA(HM) 1 st Year	Tanya
98	Karishma Rajput	MBA(HM) 1 st Year	Karishma
99	Anshika Choudhary	MBA(HM) 1 st Year	Anshika
100	Dr. Abhishek K.	MBA(HM) 1 st Year	Abhishek
101	Vikash K.	MBA(HM) 1 st Year	Vikash
102	Kishor K.	MBA(HM) 1 st Year	Kishor
103	Vivek Gaur	MBA(HM) 1 st Year	Vivek

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104	Pooja SHARMA	MBA HM 21T	Pooja
105	Kalpesh	11 11 11	Kalpesh
106	Rahul Yadav	11 11 11	Rahul
107	Deena Singh	MBA HM	Deena
108	Chanchal Saini	MBA HM	Chanchal
109	Nikhil Jain	MBA HM	Nikhil
110	Neha Singh	MBA PM	Neha
111	Dr. Pankaj	MBA HM	Dr. Pankaj
112	Dr. Pankaj	MBA HM	Dr. Pankaj
113	Anshika	MBA HM	Anshika
114	Shivangi	MBA HM	Shivangi
115	Purnima Sinha	MBA PM	Purnima
116	Charithra Yarlaagolla	MBA HM	Charithra
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4. OUTCOMES OF THE ACTIVITY

- Conducted an interactive knowledge session on Urology Health Awareness for Youth.
- Enhanced awareness of urological health, common conditions, and preventive practices among young individuals.
- Provided insights into early symptom recognition and the importance of timely medical attention.
- Addressed myths and misconceptions related to urological health.
- Encouraged proactive health-seeking behaviour and regular health check-ups.
- Promoted open and informed discussions around urological health among youth.
- Strengthened participants' understanding of preventive care and healthy lifestyle practices.
- Reinforced IIHMR University's focus on health literacy, holistic development, and student well-being.

5. PHOTOGRAPHS



